

## On the Alert

**Date:** September 4, 2024 **Attention:** ASCIP Members

Affected: Administrators, Risk Management, Facilities,

Maintenance, Operations, Faculty & Staff

Applicability: K-12, Community Colleges & Charter Schools

## **CALIFORNIA EXCESSIVE HEAT WARNING**

An extreme heat wave is expected to impact California in the coming days, posing significant risks to school district and community college communities. Extreme heat poses serious risks, including heat-related illnesses and increased fire hazards. To effectively manage these risks, review the following:

Communicate Heat Safety Tips: Share clear, concise heat safety guidelines with your team. Share essential tips on staying hydrated, limiting outdoor exposure, recognizing heat-related illness. To assist you, ASCIP has drafted a ready-to-use <a href="Extreme Heat Communications template">Extreme Heat Communications template</a> that outlines these key points.

Wildfire Prevention: Given the increased risk of wildfires during extreme heat, evaluate that your facilities are clear of flammable materials and maintain defensible space around buildings. Report a fire or damages immediately to ASCIP at <a href="mailto:claims\_info@ascip.org">claims\_info@ascip.org</a>. For wildfire prevention tips consult your dedicated ASCIP Risk Services Consultant and review the latest <a href="mailto:wildfire Risk">Wildfire Risk</a> Alert.

**Staff Safety:** Educate staff on recognizing and responding to heat-related illnesses. The Occupational Safety and Health Administration (OSHA) provides valuable resources on heat illness prevention and management.

Air Quality Management: Monitor air quality and limit outdoor activities if air quality deteriorates due to extreme heat. Visit <a href="https://www.airnow.gov/">https://www.airnow.gov/</a> to obtain real-time, local air quality conditions.

Athletic Programs: Follow the <u>California</u> Interscholastic <u>Federation</u> (CIF) heat acclimatization guidelines to protect athletes from heat stress. Adjust practice times and provide adequate hydration to minimize the risk of heat-related illnesses.

For more information and guidance, consider these additional resources:

- National Weather Service HeatRisk Online Tool
- ➤ Heat Ready CA
- California Department of Public Health (CDPH)
- Centers for Disease Control and Prevention (CDC)
  - CDC HeatRisk Interactive Online Tool
- American Red Cross
- Preventing Heat-Related Illness
- How to Report a Claim with ASCIP
- ASCIP Safety Spotlight & Risk Alerts
  - Outdoor Heat Safety
  - Prepare for Hot Weather Indoors and Outdoors
  - New Indoor Heat Illness Prevention Standard

Contact your ASCIP Risk Services Consultant or our Risk Services team at <a href="mailto:RM\_Info@ascip.org">RM\_Info@ascip.org</a> for questions or to discuss further.